# Eldercare and Rehabilitation Technology for Better Health

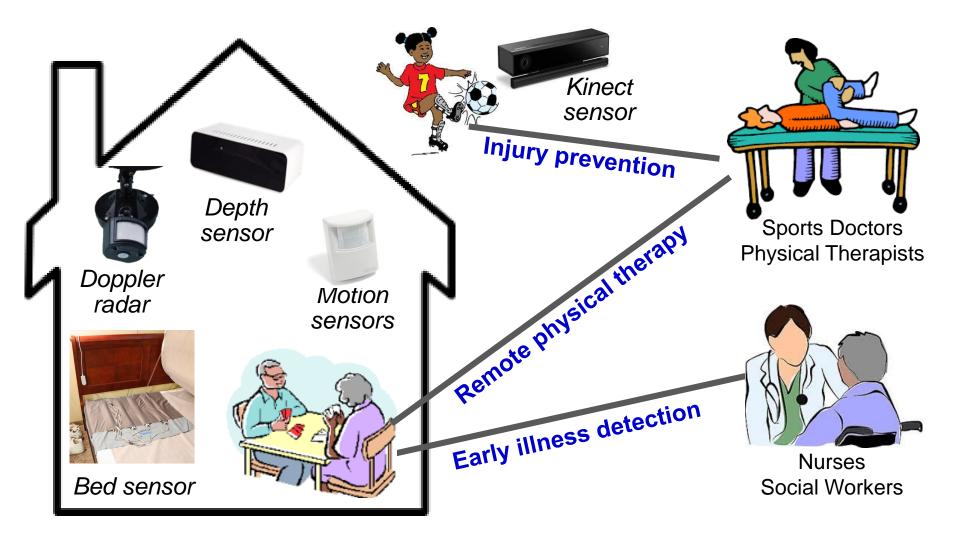
#### Marjorie Skubic, PhD

Professor, Electrical and Computer Engineering
Director, Center for Eldercare and Rehabilitation Technology
University of Missouri

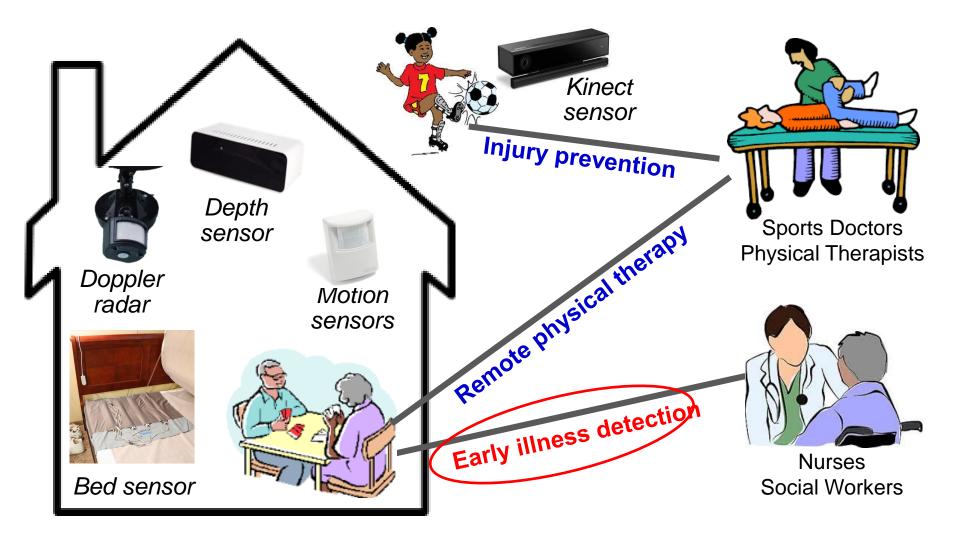
www.eldertech.missouri.edu



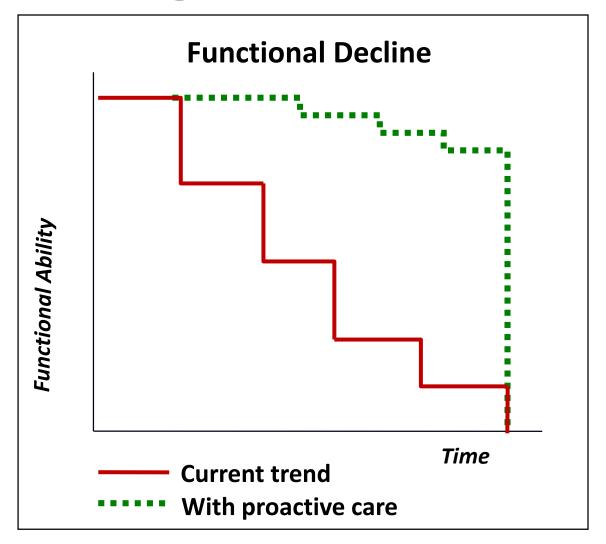
# Center for Eldercare and Rehabilitation Technology



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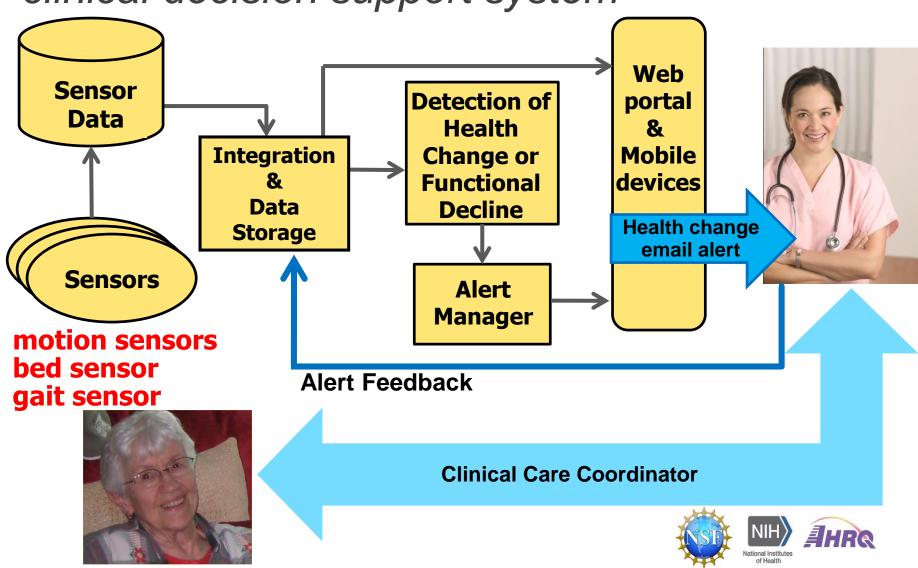
### **Squaring the Life Curve**



Rantz et al, Nursing Outlook, 2005

#### **Sensor Network for Health Alerts**

clinical decision support system



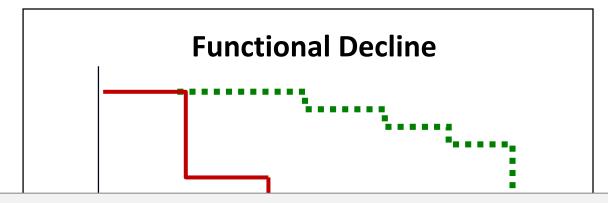
# TigerPlace

54 apartments Designed for Aging in Place



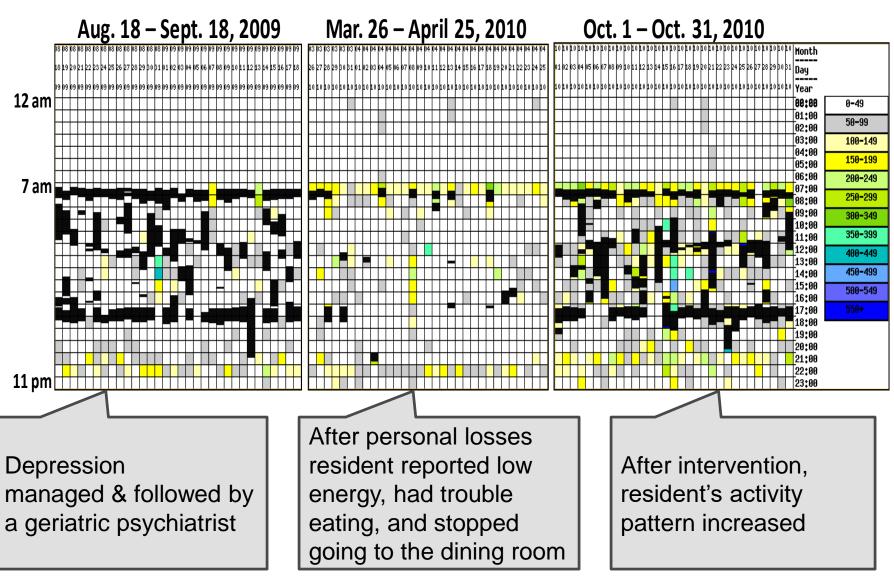
- 65 residents, aged from about 70 to 100
- 90% have a chronic illness
  - e.g., arthritis, heart disease, diabetes, stroke risk
- 60% have multiple chronic illnesses
- Some early stage Alzheimers
- 35% use a walker; some wheelchairs
- Residents tend to be socially active

### **Squaring the Life Curve**



- TigerPlace residents without in-home sensors stay 2 years longer than seniors in comparable housing
- TigerPlace residents with in-home sensors stay 1.7 years longer than those without sensors at TigerPlace

#### Case Study: Diagnosis & history of depression



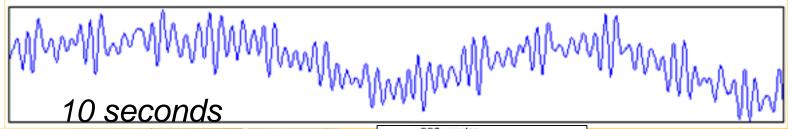
S. Wang et al., JBHI, 2012; Galambos et al., Gerontechnology, 2013

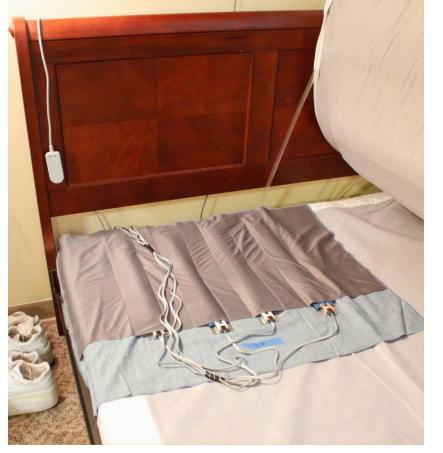
### illnesses detected early

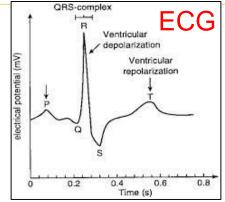
- urinary tract infections
- pneumonia & other upper respiratory infections
- increasing congestive heart failure
- pain post hospitalization
- delirium
- low blood sugar

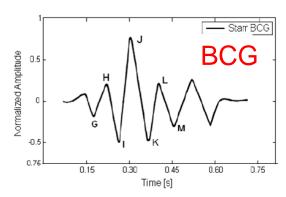
Uses a model of early illness recognition to generalize across different health problems

# MU Hydraulic Bed Sensor Captures the ballistocardiogram & respiration





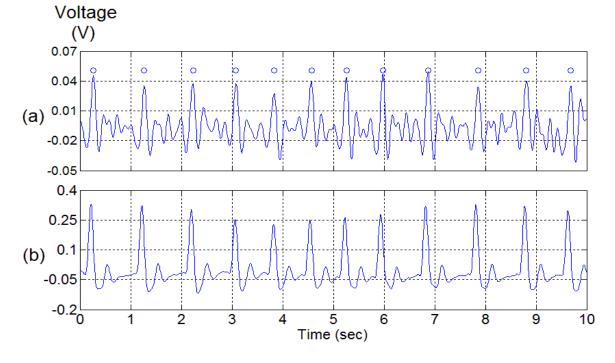




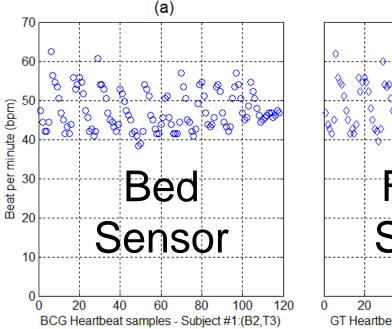
Heise et al., 2011, 2013

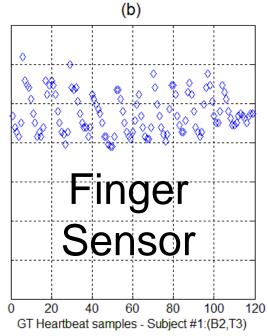
Heartbeats detected from bed sensor

Finger sensor



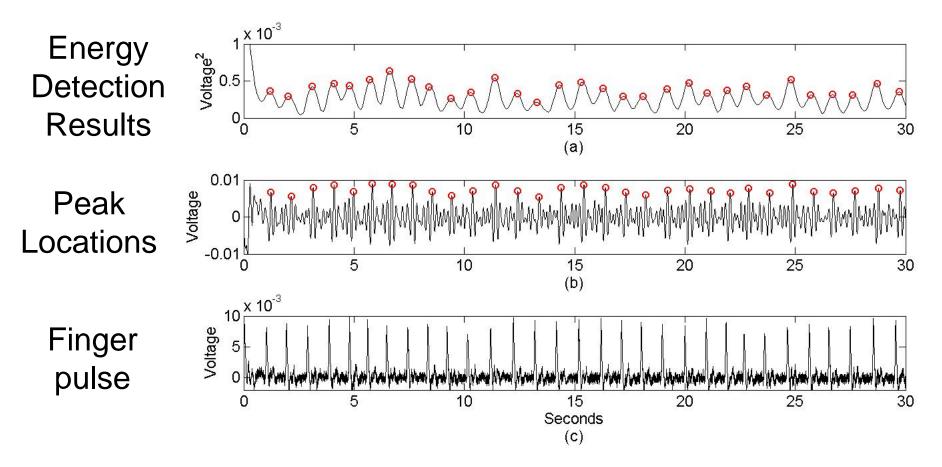
# Beat to beat interval



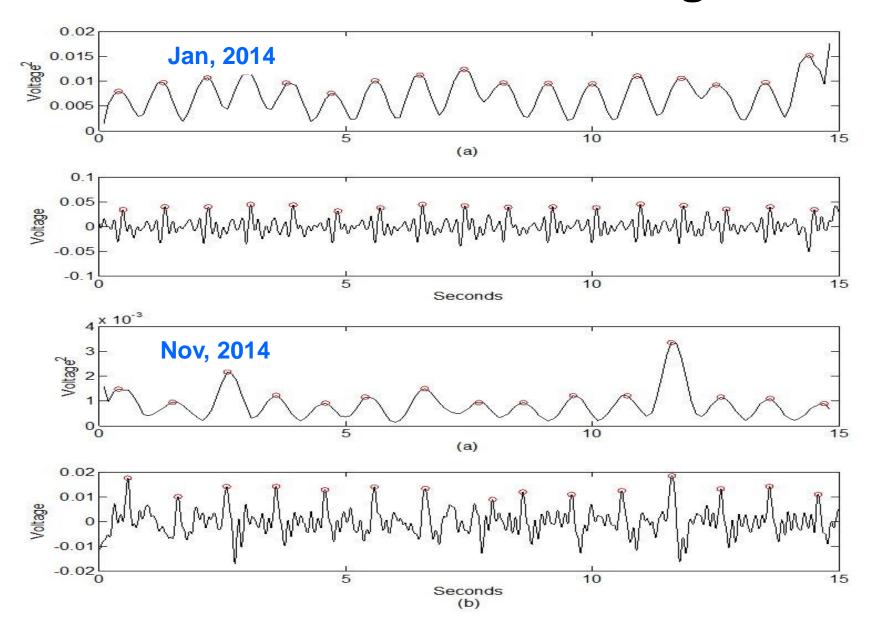


Rosales et al., 2012

# New Algorithm: Computing Energy and locating the peaks



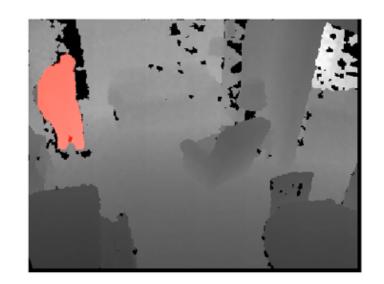
#### Results: Older Adult from TigerPlace

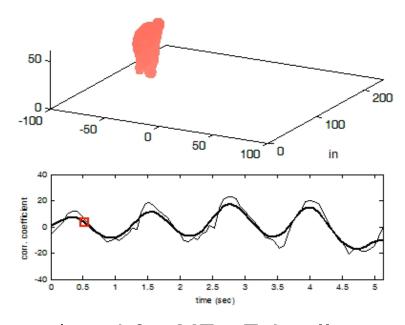


# Capturing Gait in the Home Using Depth Images

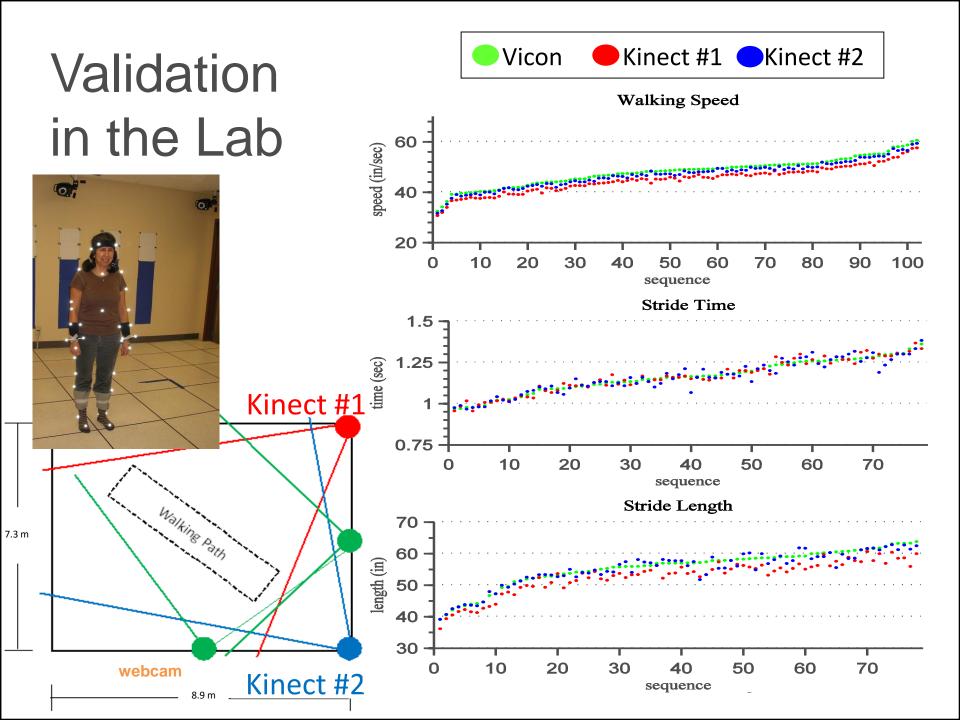


Stone & Skubic, JAISE, 2011, TBE, 2013

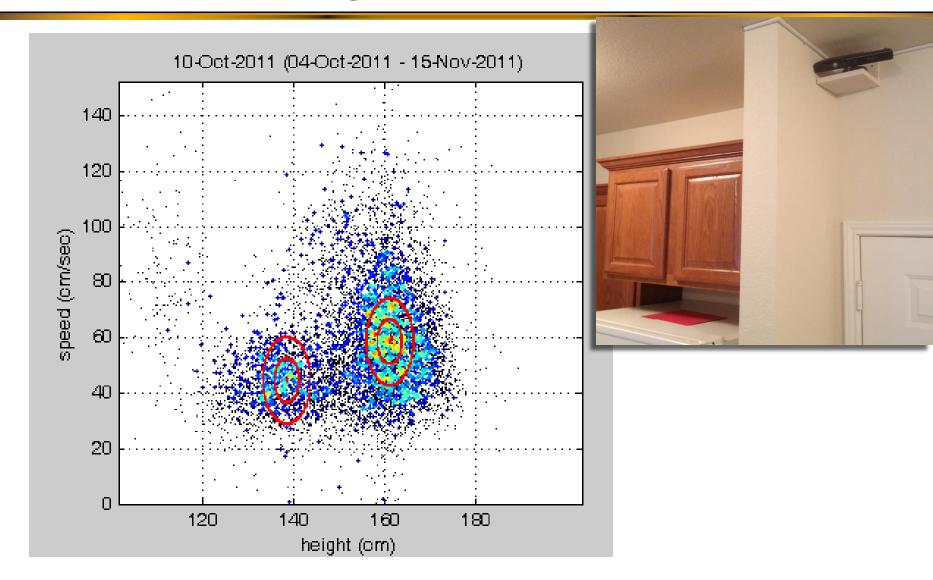




In-Home Gait: <a href="https://www.youtube.com/watch?v=MF6yZyLuull">https://www.youtube.com/watch?v=MF6yZyLuull</a>

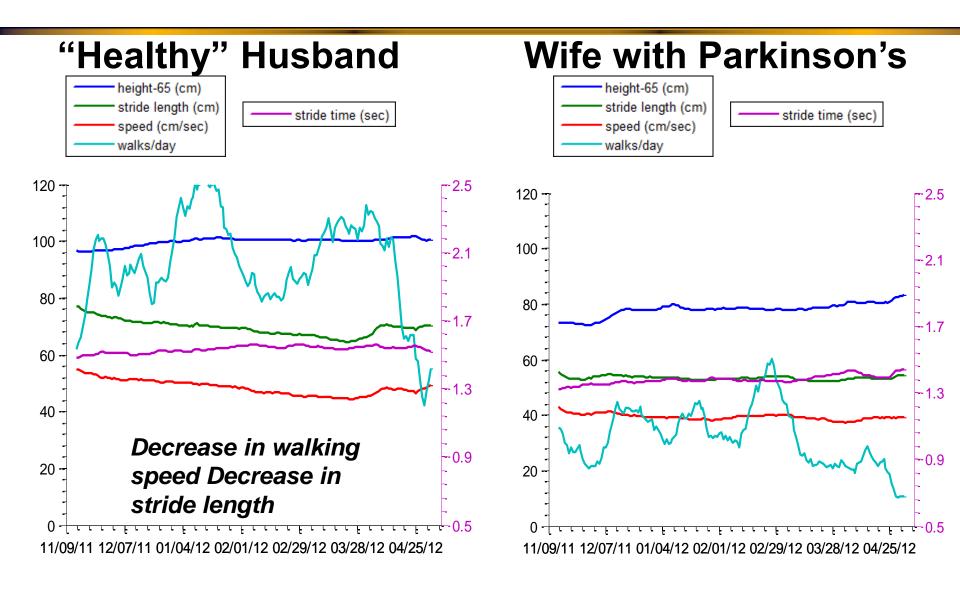


# Capturing Gait in the Home

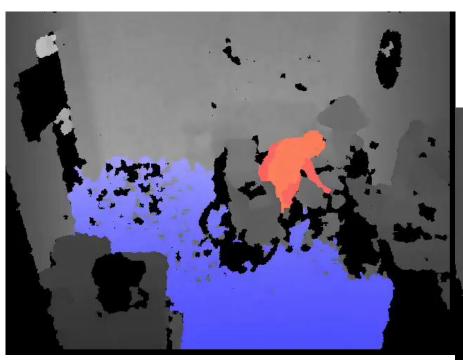


Stone & Skubic, EMBC 2012; *TBE* 2013; EMBC 2014.

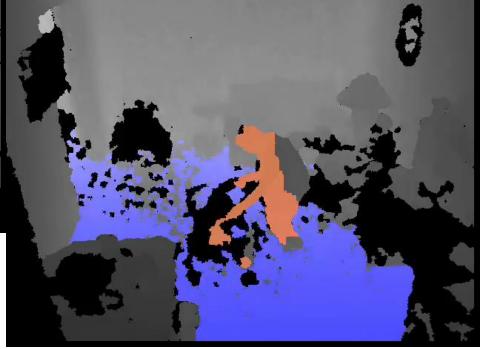
### Case Study: Capturing Gait Changes



# Capturing Falls in the Home with Depth Sensors

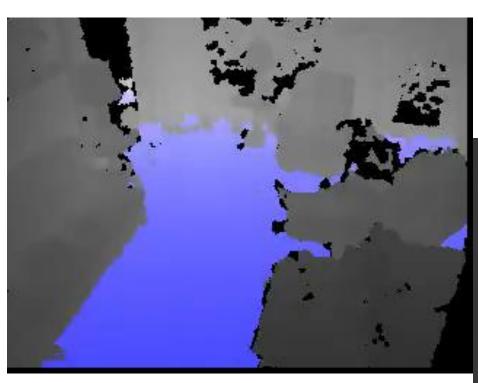


Stone & Skubic, 2014, 2015



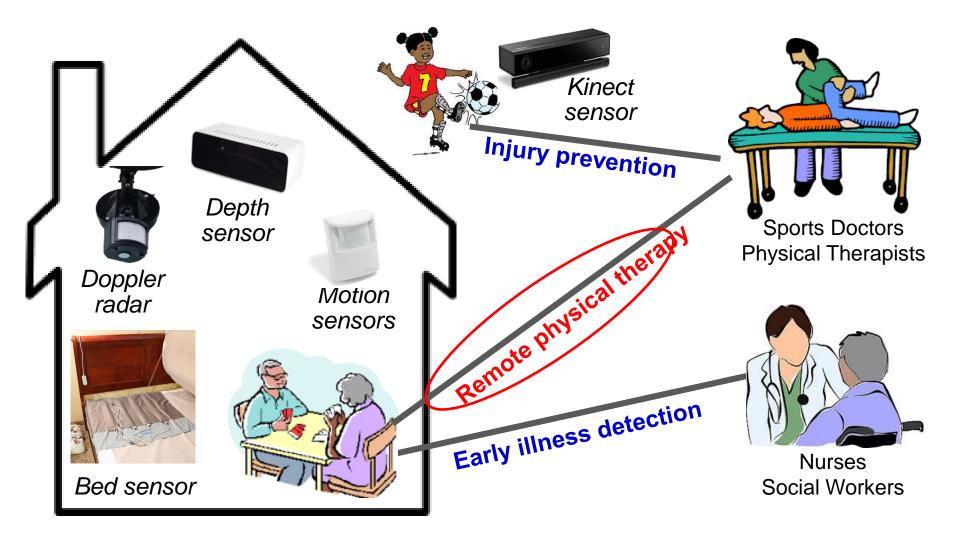
In-Home Falls: <a href="https://www.youtube.com/watch?v=TFB7YOUmHho">https://www.youtube.com/watch?v=TFB7YOUmHho</a>

### **False Alarms in the Home**





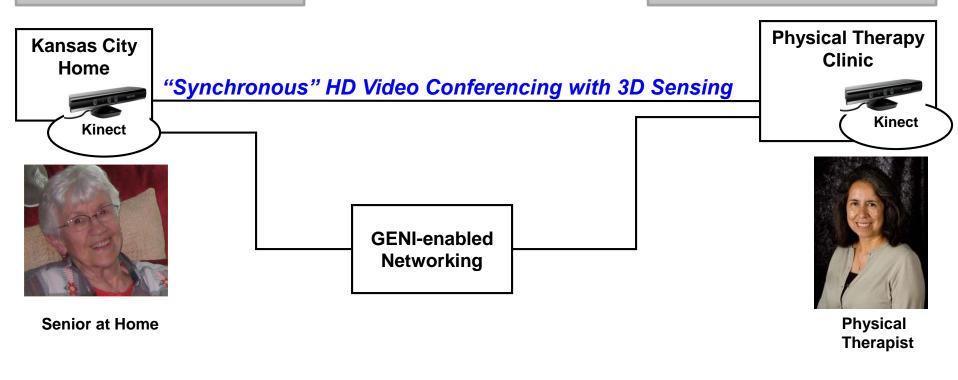
# Center for Eldercare and Rehabilitation Technology



# Remote Personalized Physical Therapy

In-Home Interface

PT Interface



#### **Microsoft Kinect**

- Color camera
- Depth camera
- Microphones

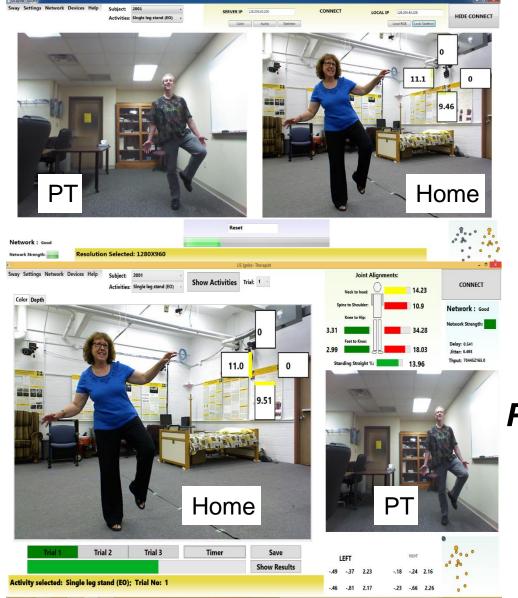




Color Camera	1920 x 1080 @ 30 fps
Depth Camera	512 x 424
Max Depth Distance	~4.5 m
Min Depth Distance	50 cm
Horizontal Field of View	70 degrees
Vertical Field of View	60 degrees
Skeleton Model	26 joints
Skeletons Tracked	6

#### Remote Physical Therapy – from clinic to home

More than video conferencing; Includes 3D sensing



In-home "patient" view

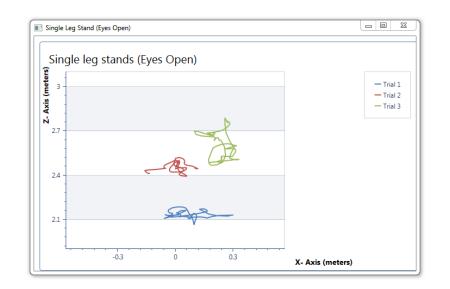
Physical therapist view
Controlled by
voice commands

Mishra et al., 2015

< Back

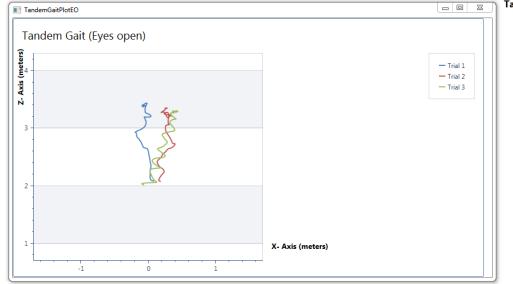
#### **RESULTS**

# PT side



Single leg stand (EO)			
	Trial 1	Trial 2	Trial 3
Max Sway Front: (deg)	20.05	13.87	51.28
Max Back Sway: (deg)	6.17	7.2	31.4
Max Right Sway: (deg)	21.39	5.27	24.85
Max Left Sway: (deg)	47.95	15.21	50.13
Total time performed:(out of 20 secs) (sec)	19.55	16.74	15.37

RESULTS RESULTS



uem Gait (LO)	Trial 1	Trial 2	Trial 3
Max Sway Front: (deg)	6.81	14.99	15.34
Max Back Sway: (deg)	4.36	3.31	1.68
Max Right Sway: (deg)	26.42	7.66	4.24
Max Left Sway: (deg)	11.32	19.36	17.58

Mishra et al., 2015

#### **Eldertech Collaborators**





































Nursing







**Social Work** 









Physical Therapy



Education



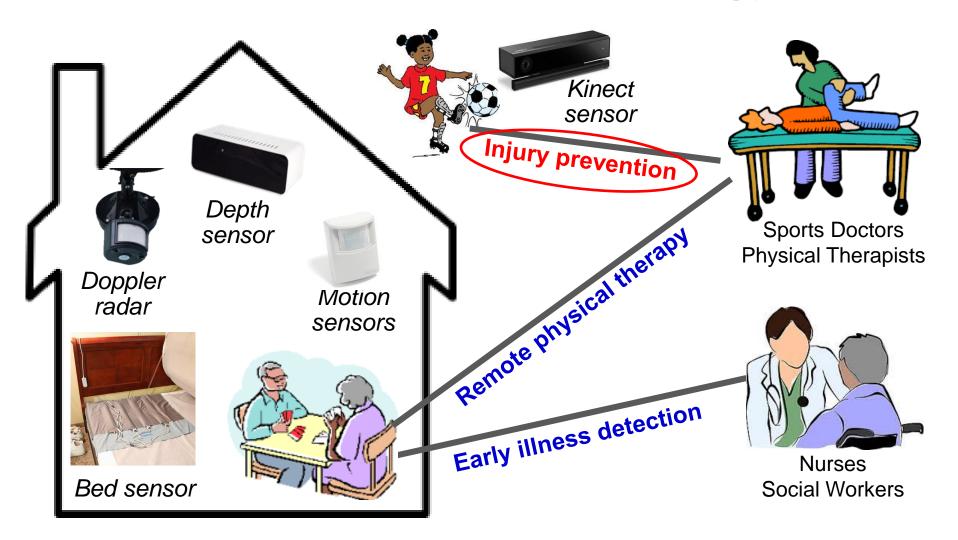
**Foresite** Healthcare

Family Medicine

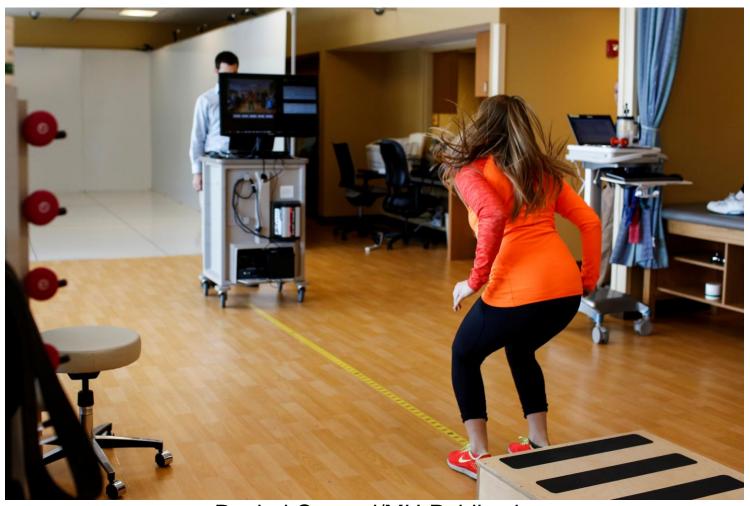


HMI

# Center for Eldercare and Rehabilitation Technology



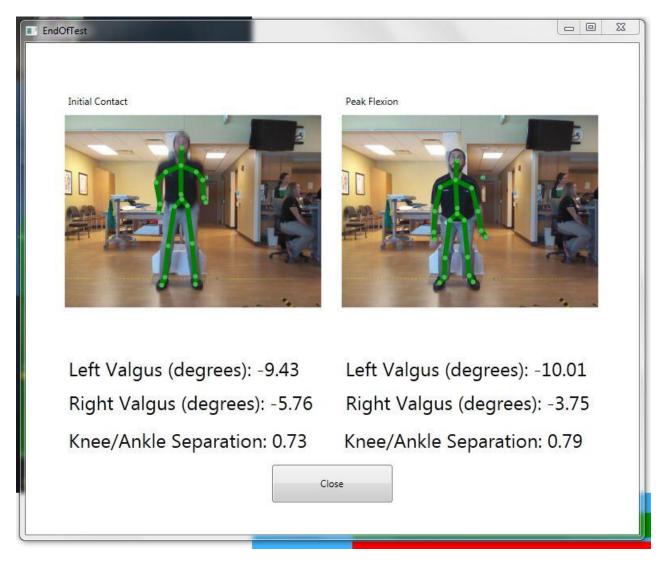
### **Assessing for ACL Injury Risk**



Rachel Coward/MU Publications

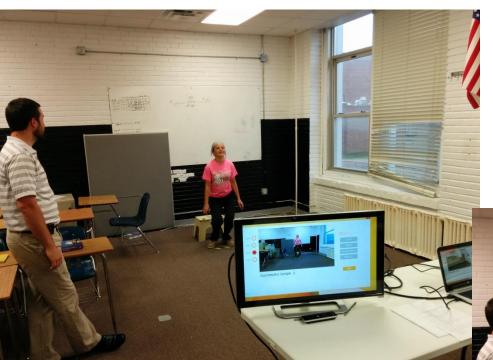


### ACLGOLD Portable Screening Tool



Stone, Butler, McRuer, Gray, Marks & Skubic, 2013

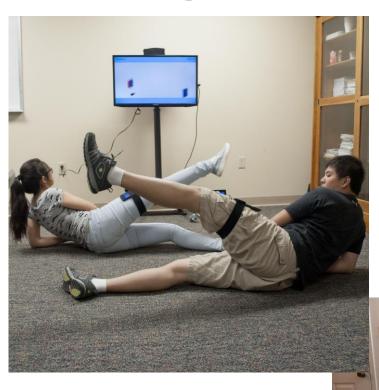
### Screening in Area High Schools



168 high school athletes



### **Exergame Prototypes**





### **Recognizing Harmful Hand Postures**



Savvidou, Li, Willis & Skubic, 2015





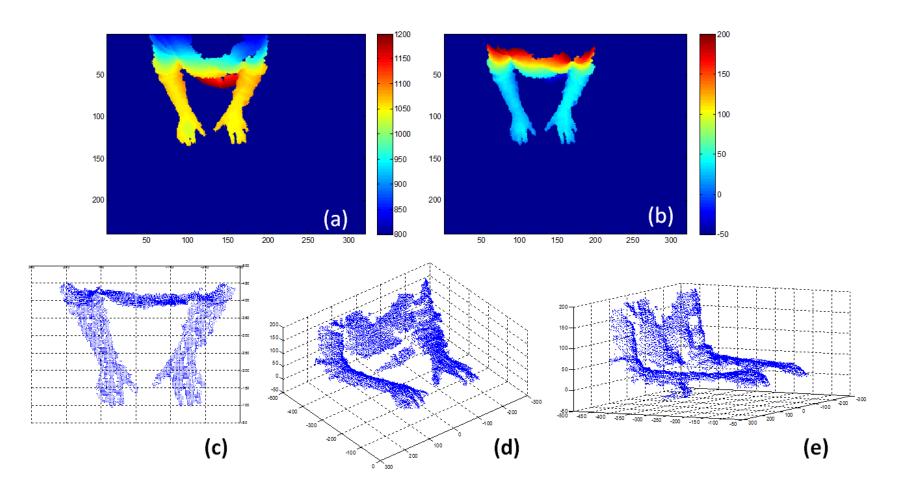








# Hands are tracked & assessed in depth videos using the Kinect



Li, Savvidou, Willis & Skubic, 2014

#### Prehab/Rehab Collaborators





Medicine



CS/Engineering



Music



Social Work





Physical Therapy



Occupational Therapy

## Our Goal: Healthy Living at Any Age



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